



What is the CARIAD Scheme?

CARIAD stands for Collaborative Assessment Reducing

Stepping Up from Home

To be supported through the CARIAD scheme you need to have been assessed as needing additional care and support that could be provided in a more supportive environment. The aim of this will be to: -

- Support your independence and well-being through a period of assessment in an environment that's more appropriate than a hospital
- Avoid unnecessary attendance to hospital emergency departments
- Support Reablement and further rehabilitation
- Provide further assessment of people perceived as being on the borderline of needing residential care but may not have considered the option of warden controlled accommodation

How long do I have to stay in the CARIAD scheme?

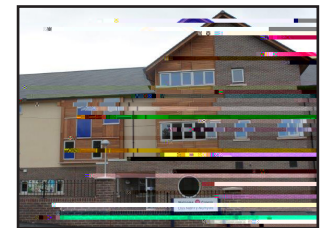
People are normally ready to go home in 4 to 6 weeks of moving to a CARIAD scheme. However, this is based on individual need and we will discuss this with you should you need to stay for a shorter or longer period of time.



Where will I be cared for ?

Within the Blaenau Gwent CARIAD scheme there are 4 locations. Each location is able to supply support depending upon your needs. These are:-

- Llys Nant-Y-Mynydd Housing with Support Scheme (Extra Care) based in Nantyglo which has a fully accessible adapted flat. There is a restaurant on site as well as laundry facilities and other activities
- Llys Glyncoed Housing with Support Scheme (Extra Care) based in Ebbw Vale which has a fully accessible adapted room. There is a restaurant on site as well as laundry facilities and other activities
- Red Rose Care Home in Ebbw Vale which provides both Nursing and Residential type care and support. The accommodation provides rooms and is a registered care home with access to qualified Registered Nurses and Care Staff 24hrs a day
- Ty Scott Sheltered Housing Complex in Tredegar which has a fully furnished flat available and is linked to a community alarm service. There is a kitchen, lift, laundry facilities and support can be provided if needed during your stay. Warden is on site between 9am and 5pm



What happens when you are in the CARIAD scheme?

While you are in the CARIAD scheme you may be provided with support and input from the Blaenau Gwent Community Resource Team. The team is

For Further Information

If you would like further information, please discuss the CARIAD scheme with your Discharge Liaison Nurse, Ward Sister/Manager, Occupational Therapist, Physiotherapist or Social Worker.

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To receive this information in Braille, large print, electronically or on audio tape please contact the Information Officer on (01495) 354630.

Leaflet AS01-08 August 2018